

WHERE Fresh & Organic IS IN STORE



SAVE 80¢^{each}

BOSC PEARS
The most distinctive, sweet and crunchy pear available! Ideal for baking or poaching because the Bosc retains flavor and shape in the process.

98¢^{pound}



SAVE 50¢^{each}

RED GRAPEFRUIT
Tangy sweet enjoyment that's packed with healthy benefits! Try broiling grapefruit with brown sugar and a sprinkle of cinnamon...yum!

78¢^{each}



FRESH ARTICHOKE
CALIFORNIA GROWN
Large heart covered by tender meaty petals! Fascinating to look at and delightful to eat.

SAVE 70¢^{each}
\$1.28^{each}



JOSIE'S ORGANIC SALADS
Premium quality, ready to enjoy salad kits! Choose from 6 different, exciting and delicious salad creations.

SAVE \$2.00^{each}
\$3.98^{each}



MARINATED CHICKEN BREAST

Boneless & Skinless - Choose from Honey/Mustard, Mesquite, Italian, Buttermilk/Garlic, Mediterranean or Teriyaki.

SAVE \$2.00^{pound}
\$4.98^{pound}



FRA'MANI SAUSAGE

Choose from Linguica, Bacon/Pepper, Chile/Mango or Jalapeno/Pepper... 10.8 12 oz. package.

SAVE \$1.00^{each}
\$5.98^{each}



PORK FOR STEW

All Natural - Boneless - Season meat, then place in slow cooker with potatoes, onions, corn and beef broth.

SAVE \$1.00^{pound}
\$3.98^{pound}



BEEF CUBE STEAK

USDA Choice - Great for a quick steak sandwich.

SAVE \$1.00^{pound}
\$5.98^{pound}

GOURMET DELI CHEESE



LOW SODIUM TURKEY BREAST

COLUMBUS BRAND
Made Locally in San Francisco
American Heart Association certified. Turkey sandwiches will never be boring again when you have this great turkey at your fingertips.

\$9.98^{pound}



LOW SODIUM HAM

COLUMBUS BRAND
American Heart Association Certified - Reduced sodium ham has nearly half the sodium, but maintains all of its moistness. Something deliciously different.

\$9.98^{pound}



JARLSBERG CHEESE

Imported from Norway - Jarlsberg has a sweet, nutty and buttery flavor. It is an all-purpose cheese, used for both cooking and snacking.

\$7.98^{pound}



LONDON BROIL ROAST BEEF

DIETZ & WATSON BRAND
All Natural - Prepared from hand-trimmed USDA select beef marinated in lemon and garlic, then slow roasted in the oven to ensure rare juicy meat.

\$9.98^{pound}



CHOPPED KALE SALAD

Freshly made in our kitchen, hearty kale makes a delicious green salad with mandarin oranges, pecans & cranberries. With its defined texture, earthy, green flavor, and superior nutrition profile, this is a fantastically refreshing, healthy salad.

\$5.98^{pound}



DANISH BLUE CHEESE

Imported from Denmark - A bold, creamy cheese with a decidedly rustic flavor. Add some spiciness to salads or make a distinctive addition to any cheese board. Its versatility allows it to shine when paired with fruits and breads.

\$7.98^{pound}

WINE & SPIRITS



Items and Prices in this ad are available from Saturday, January 6th to Sunday, January 14th, 2018.
Main-Fri 7:30am - 9pm | Sat 7:30am - 9pm | Sun 8am - 9pm

WHERE Highest Quality IS IN STORE



PINEAPPLE UPSIDE DOWN CAKE

Rich buttery cake and caramelized pineapples in this classic dessert. Best served with your favorite coffee or tea...20 oz.

\$5.98^{each}



WHOLE GRAIN LOAF

LA BREA BRAND - A multi-grain bread, that is slightly sweetened with honey and malt, and is the perfect bread for a healthy and hearty sandwich or a great addition to any main course...18 oz.

\$3.98^{each}

A DELICIOUS PAIR



DOMAINE AUCHERE SANCERRE

Sustainably farmed and vinified using traditional methods in stainless steel tanks, a delicious, well-balanced, clean and crisp wine with a fine, persistent finish and aromas of zesty citrus, juicy pineapple and fresh mango. 100% Sauvignon Blanc. 750 ML

\$17.98

HUMBOLDT FOG CHEESE

CYPRESS GROVE CHEVRE BRAND
Made locally in Humboldt County. A goat milk cheese, named for the local ocean fog, which rolls in from Humboldt Bay. The cheese ripens starting with the bloomy exterior, resulting in a core of fresh goat cheese. The bright bloomy rind and layer of edible vegetable ash drawn through the center makes this a stunning addition to any cheese plate.



\$19.98^{pound}

WISE BUYS

EVOLUTION FRESH JUICES Selected Varieties: 15.2 oz.-CRV \$2.78	THOMAS ENGLISH MUFFINS Selected Varieties: 12 oz. \$1.98	CLOVER ORGANIC GREEK NONFAT YOGURT Vanilla or Plain 5.3 oz. \$1.28
GREEN JUICES 4 Selected Varieties: 15.2 oz.-CRV \$3.98	PEETS GOURMET COFFEE K-CUPS Selected Varieties: 4.1-4.7 oz. \$5.98	BOUNCE ENERGY BALLS Selected Varieties: 1.41-1.73 oz. \$1.78
ODWALLA JUICES OR SMOOTHIES Selected Varieties: 15.2 oz.-CRV \$1.68	PEETS GOURMET COFFEE K-CUPS Selected Varieties: 4.1-4.7 oz. \$5.98	GREEK GODS YOGURT Selected Varieties: 24 oz. \$3.68
SUTA BEVERAGES Selected Varieties: 12 oz.-CRV \$2.48	DREYERS ICE CREAM Selected Varieties: 1.5-qt. \$2.98	STASH TEA Selected Varieties: 20 ct. \$1.98
GOLDEN GRAIN PASTA Selected Varieties: 12-18 oz. 88¢	QUAKER LIFE CEREAL Cinnamon or Original 13 oz. \$2.28	NATURE VALLEY GRANOLA BARS 3 Selected Varieties: 8.9 oz. \$2.48
QUAKER INSTANT OATMEAL 4 Selected Varieties: 13.8-15.7 oz. \$3.18	RED VINE RED LICORICE 3 Flavours 19 oz. \$1.28	CHARMIN BATH TISSUE 6 Pack = 24 Rolls \$7.98
CASCADE ACTION PACS Selected Varieties: 11-20 ct. \$3.68	DAWN DISH LIQUID Selected Varieties: 18-21.6 oz. \$2.88	BOUNCE DRYER SHEETS 2 Selected Varieties: 120 ct. \$4.98

WHERE Fresh & Organic IS IN STORE



SAVE XX¢^{each}

FRESH ARTICHOKE
CALIFORNIA GROWN - Large heart covered by tender meaty petals! Fascinating to look at and delightful to eat.

\$1.28^{each}



SAVE XX¢^{pound}

ORGANIC FUJI APPLES
Fresh sweet flavor that resembles freshly pressed apple juice! Enjoy the flavor of this classic apple fresh or use in cooking.

98¢^{pound}



SAVE XX¢^{pound}

BOSC PEARS
The most distinctive, sweet and crunchy pear available! Ideal for baking or poaching because the Bosc retains flavor and shape in the process.

98¢^{pound}



GOLDEN BANANAS

Considered Mother Nature's Perfect Fruit! Bananas contain many essential nutrients that benefit heart health and weight loss.

SAVE XX¢^{pound}
48¢^{pound}



BEEF RUMP ROAST

USDA Choice - Ideal for pot roast with potatoes, carrots, onions and celery.

SAVE \$1.50^{pound}
\$4.98^{pound}



MARINATED CHICKEN BREAST

Boneless & Skinless - Choose from Honey/Mustard, Mesquite, Italian, Buttermilk/Garlic, Mediterranean or Teriyaki.

SAVE \$2.00^{pound}
\$4.98^{pound}



FRESH FILLET OF SOLE

Wild Caught - WEATHER PERMITTING - This dover sole is a sustainable catch.

SAVE 50¢^{pound}
\$7.98^{pound}



PORK FOR STEW

All Natural - Boneless - Season meat, then place in slow cooker with potatoes, onions, corn and beef broth.

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GREENLEE'S SIGNATURE BREADS

GREENLEE'S BRAND - Family Owned and Locally Made - Tasty and bursting with flavor, enjoy in a variety of ways - ideal for French Toast or simply toast and don't forget the butter. Choose between Cinnamon, Blueberry Streusel, or Orange...20 oz.

SAVE \$1.00^{each}
\$5.98^{each}



SAVE 20¢^{pound}

GOLDEN BANANAS

Considered Mother Nature's Perfect Fruit! Bananas contain many essential nutrients that benefit heart health and weight loss.

48¢^{pound}



ITALIAN TALEGGIO

Imported from Italy - A semi-soft, washed rind cheese that is not overly intense. It has an unusually fruity tang, yet retains a buttery flavor that makes it ideal for spreading on fresh bread.

\$11.98^{pound}



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WHOLE GRAIN LOAF

LA BREA BRAND - A multi-grain bread, that is slightly sweetened with honey and malt, and is the perfect bread for a healthy and hearty sandwich or a great addition to any main course...18 oz.

\$3.98^{each}

San Rafael
515 Third Street
(415) 454-8912

San Anselmo
100 Redhill Avenue
(415) 456-1271

Monday-Friday 7:30am to 9pm - Saturday 7:30am to 8pm - Sunday 8am to 8pm
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United Recipes



Baked Cheese Stuffed Artichokes

- INGREDIENTS**
- 6 Large Artichokes
 - 2 cups Panko Bread Crumbs
 - 6 Garlic Cloves
 - 1 cup Grated Parmesan
 - 1 cup Grated Asiago Cheese
 - 1 cup Grated Mozzarella Cheese
 - 1/4 cup Chopped Fresh Basil
 - 1 tablespoon Garlic Powder
 - 1 teaspoon Crushed Red Pepper
 - 1/2 cup Olive Oil
 - 1 1/2 cups Dry White Wine
 - 1 Lemon, Sliced

- DIRECTIONS**
1. Preheat oven to 375° degrees.
 2. Cut the stem close to the base of the artichoke so the artichoke sits flat. Remove a few of the bottom leaves. Using kitchen shears, trim the sharp points off of the remaining outer leaves.
 3. Carefully cut about 1/2 inch off the top of the artichoke and spread the leaves apart to expose the choke. (This will be the lighter colored leaves with a bit of purple on them.) Using a spoon, scoop out the inner fuzzy choke.
 4. Place all the artichokes in a bowl of lemon water to prevent discoloration. Set aside.
 5. Add the bread crumbs to a large bowl. Mince 3 of the garlic cloves and add them to the bread crumbs. Whisk in 1/2 cup parmesan, 1/2 cup asiago, 1/2 cup mozzarella, parsley, basil, garlic powder, red pepper and olive oil. Stir to combine. Set aside.
 6. In a small bowl, combine the remaining cheese. Drain artichokes.
 7. Spoon 2 tablespoons of cheese into the center of each artichoke and then fill to the top with the bread crumb mixture. Stuff more of the bread crumb mixture in between the leaves and arrange in a large heavy bottomed pot with a fitted lid.
 8. Pour the wine in the bottom of the pan. Add the lemon slices and remaining garlic cloves. Cover and bake for 1 hour or until the artichokes are tender enough to easily remove one of the outer leaves. Uncover and bake for an additional 5-10 minutes or until golden brown.
 9. Drizzle with the remaining wine and serve immediately with lemon wedges, if desired.



United

Healthy Choices. Honest Values.

www.unitedmarkets.com

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